

EUROSTARS



MADRID TOWER
HOTEL ★★★★★

SPA SERVICES

Sanus per aquam

“Health through water”

Eurostars Madrid Tower Spa & Health Club is the urban answer to body care. An authentic and exclusive oasis where you will find balance through massages hydrotherapy and relaxation.

The environment surrounds you to make you reach that instant in which time freeze and the mind harmonizes with the body. Through our specialized massages and treatments, we bring moments of relaxation and well-being that will make you enjoy unique sensations.

Its unique location allows you to observe the city from another perspective, exactly 120 meters high, away in space but having it present. All agents of stress, anxiety, worry, tiredness, etc., will move away.

The hands of the therapist, the water on the body, are the first steps to recovery, rest and well-being.

Without a doubt, we want to help you to meet with yourself, appreciating and pampering the body in which he lives.

*“He who lives in harmony
with himself lives in
harmony with the universe”.*

Marco Aurelio

Thermal Circuit

Our thermal circuit has a jacuzzi, a sauna with panoramic views and a Turkish bath.

Price for hotel guests

45 minutes of thermal circuit 30 €.

Price for outside guests

45 minutes of thermal circuit 45 €.

**For an additional 20 € fulfilled your treatment with a romantic experience served with a small bottle of Cava and strawberries with chocolate for two people.*

**Extend your time in the thermal circuit 45 min for a value of 50% of the initial amount. (Under availability)*

Additional information

- Exclusive access for people over 16 years.
- Advance appointment is required.
- Maximum capacity for ten people.
- Bathrobes and towels are available to guests.
- We have swimsuits for 18 €.
- Flip-flops and swimming caps cost 2€ extra pp
- Must wear a swimming cap.
- Please follow the instructions of the spa staff at all times.



Body Treatments

All our body treatments comes along whit an exfoliation and a body wrap.

Anti-cellulite

Suprême 60 min. **119 €**

Specific treatment to fight nodular celulitis and fluid retention. The green coffee used in this treatment reduces the volume and reinforce the skin.

Reducing with chocolate

Bonbon 80 min. **129 €**

Treatment with a cocoa base that helps reléase endorphins resulting in an energetic and positive feeling. It will eliminate toxins, due to its slimming and firming properties.

Remineralizing

Red Picota 80 min. **129 €**

Cherry based treatment with Vitamin A, C, B, which strengthens body's defenses.

Facial Treatments

Power Retinol 45 min. **99 €**

Treatment made with the power of the Retinol molecule, has a rejuvenating effect that provides smoothness and luminosity.

Power Oxygen 45 min. **99 €**

This treatment carries oxygen to the skin, eliminating free radicals. Creates an antipollution filter, detoxifies the skin and increases its defenses.

Reset

Detox 80 min. **149 €**

Treatment that favors liquids removal, the purification of the organism and helps to eliminate acumulated fat.

Anti-aging with gold

Gold 80 min. **199 €**

This treatment with Gold Micro Active, acts on the imperfections of the skin leaving it fine and silky through hydration and intense nutrition.

Depurative with Aloe Vera 70 min. **149 €**

This treatment made with aloe vera and based on a body wrap, a massage and an oxygen facial treatment, provides a refreshing feeling.

Power Vitamin C 60 min. **129 €**

Treatment made with a new generation of Vitamin C, more concentrated, and with pomegranate extract. High antioxidant power.

Power Hyaluronic 60 min. **129 €**

This facial treatment restructures and firms the skin from the inside, restores firmness and elasticity through hyaluronic acid, providing extra hydration in the skin.



Massages

Relaxing 25 min. **45 €**
45 min. **79 €**

Traditional relaxing Swedish massage which requires a soft pressure and rhythmical movements on the body. It acts into the nervous system, providing relaxation, activating blood circulation and stimulating the lymphatic system.

Foot reflexology 25 min. **59 €**

The foot reflexology is based on the beneficial reflexes produced by the massage of the feet. This technique serves to treat and prevent problems throughout the body while at the same time brings a sense of well-being and relaxation to the whole organism.

Sports 45 min. **99 €**

The sports massage is used to prevent injuries and reduce muscular fatigue while increasing muscular capacity. It is a massage that relieves and improves the flexibility of muscular tissue.

Deep tissue 25 min. **55 €**
45 min. **89 €**

Deep tissue massage, which works on body tensions with the purpose of relaxing and relieving muscle tension. Massage applies a deep muscle kneading which is specific to the zone being treated.

Cranial 25 min. **59 €**

This therapy is based on the use of massage techniques in combination with acupressure that relieves cranial tension and stimulates circulation through the scalp by realizing the massage over the nerve endings of the hair follicles producing a relaxing effect and a sense of well-being.

Confort legs 45 min. **89 €**

Specific treatment that improves circulation and helps reduce discomfort, through anti-cellulite and moisturizing principles.

Fusion Tower 45 min. **99 €**
70 min. **119 €**

Massage tailored to your needs, which combines different techniques of massages based on applying pressure, made to measure. The massage can be relaxing, deep tissue and / or sport.

Hot stones 50 min. **99 €**
70 min. **149 €**

A massage which combines therapeutic and traditional application of stones on the skin at different temperatures. This thermal contrast effect using Stones between 50 and 20 degrees Celsius, reduces and relieves pain, generates a detox effect over the skin, and improves the circulatory system.

Abhyanga 75 min. **119 €**

Massage with hot oils, based on the Indian philosophy, which provides a deep relaxation. It helps to distribute energy and activate vital force, stimulates circulation, releases fatigue and stress.

Sesame oil and pinda 50 min. **89 €**

Massage done with Pindas that, thanks to the curative action of the medicinal plants located inside, will achieve a moisturizing and detoxifying effect, in addition to provide the body with a deep relaxation and natural exfoliation.

Couple (2 persons) 50 min. **199 €**
70 min. **249 €**

Enjoy a massage with your best half in which you can choose between a relaxing massage or deep tissue massage. It is a unique experience and unforgettable moment in our spa salon which overlooks Madrid.

Wake up you senses (2 persons) 90 min. **169 €**

It consists in an hour of thermal circuit for two people, relaxing massage of 20 min and strawberries with chocolate. Enjoy an unforgettable experience.



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